

River Falls Nutrition Program January 2018 Menu

119 Union Street - 715-425-9932

Serving Monday – Friday

*****Due to circumstances beyond our control, menu changes may occur from time to time*****

Suggested Donation for: Congregate Dining: **\$5.00 per meal** Home-delivered Meals: **\$6.50 per meal**

Please pay as much as you can afford, as we rely on donations from participants to keep the program going.

Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED for New Year's Day	2 Chipped Beef on Toast Mashed Potatoes Country Blend Veggies Chef's Choice Fruit Dessert	3 Oven Roasted Turkey Mashed Potatoes w/ gravy Green Bean Casserole Chef's Choice Fruit Dinner Roll Dessert	4 Beef Stroganoff Buttered Noodles Capri Blend Veggies Chef's Choice Fruit Garlic Bread Dessert	5 Potato Crunch Pollock Au Gratin Potatoes Island Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert
8 Ham Loaf Rice Pilaf w/ mushrooms Broccoli Chef's Choice Fruit Dinner Roll Dessert	9 Tate Tot Casserole 5 Way Blend Veggies Chef's Choice Fruit Breadstick Dessert	10 Pot Roast Mashed Potatoes w/ gravy Country Blend Veggies Chef's Choice Fruit Dinner Roll Dessert	11 Chicken Cordon Bleu Au Gratin Potatoes Chef's Choice Fruit Garlic Bread Dessert	12 Baked Cod Baked Potato Capri Blend Veggies Chef's Choice Fruit Bread Slice Dessert
15 CLOSED for Martin Luther King, Jr. Day	16 Kielbasa w/ sauerkraut Stuffing Country Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert	17 Home Style Meatloaf Mashed Potatoes w/ gravy Corn Chef's Choice Fruit Dinner Roll Dessert	18 Corned Beef Casserole Island Blend Veggies Chef's Choice Fruit Bread Stick Dessert	19 Beer Battered Fish Au Gratin Potatoes Country Blend Veggies Chef's Choice Fruit Dinner Roll Dessert
22 Country Fried Steak Mashed Potatoes w/ gravy Broccoli Chef's Choice Fruit Bread Stick Dessert	23 Spaghetti w/ meatsauce Capri Blend Veggies Chef's Choice Fruit Garlic Bread Dessert	24 Ham & Cheese Egg Bake Biscuits & Gravy Tater Gems Mixed Berries Dessert	25 Smothered Chicken Baked Potatoes Island Blend Veggies Chef's Choice Fruit Dinner Roll Dessert	26 Seafood Alfredo Broccoli Chef's Choice Fruit Breadstick Dessert
29 Chicken Ala King Biscuit 5 Way Blend Chef's Choice Fruit Dessert	30 Smothered Pork Chops Wild Rice California Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert	31 Seasoned Baked Chkn Mashed Potatoes w/ gravy Country Blend Veggies Chef's Choice Fruit Dinner Roll Dessert		

